

Vocabulary

General:

able
airplane
alone
astronaut
athlete

Concepts:

alongside
around

Movements:

alligator arms
alternate

Activities:

acrobatics
aerobics
arm wrestling

Dance:

allemande
alley cat

Body:

abdominal muscles (abs)
ankle
arm

Sports:

aikido
angling
archery



Alligator Arms

Meet Alex the Alligator

Alex's arms are always in action.

- Can you show me your strong alligator arms in personal space?
- Can you touch your arms, abs, and ankles?
- Can you alternate your alligator arms: right on top and then left on top?
- Are you able to fly like an airplane using your arms as wings?
- Can you show me your strong alligator arms while walking in general space?

Extension Activities

- Students do aerobics to music in both personal and general space.
- Students arm wrestle with a partner.
- Students make up an animal aerobics routine.
- Students shoot at a target in archery.

Vocabulary

Body/Movement:

ankles
alligator arms
abdominals

Sight Words:

as
am
all
at

Science:

astronaut
asteroid
air
autumn

Color:

azure blue
amethyst
aquamarine

Math:

addition
angle
area

Other:

airplane
Africa
arrow

Extension Activities

- Create asteroid art.
- Create animal and African art.

Story

Alex the alligator loves to fly airplanes. He has strong arms and abdominal muscles. His favorite color is azure blue. His aunt's name is Alice, and his father's name is Al. His favorite foods are apples and animal crackers, but he is allergic to almonds. He enjoys archery, and he lives in Africa. He loves to add with his friends Anna the anteater and Arnold Ape, but he is afraid of Ally the albatross. He wants to be an astronaut when he grows up so he can see asteroids in space.

STEM Extension

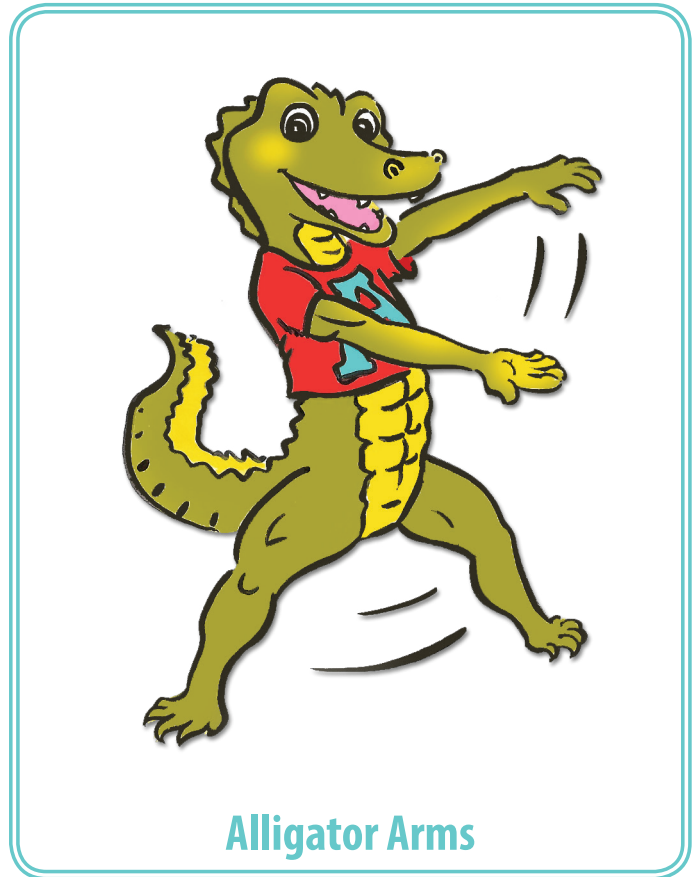
- Engineer a paper airplane and measure the distance it flies.
- Research asteroids.

Cooking/Snack Time

- Animal crackers
- Applesauce

Web Links

- <http://animal.discovery.com/>
- <http://www.abcmouse.com>



Alligator Arms